Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			10:00 Early Bird 1	10:00 Early Bird 2	10:00 Early Bird 3	10:00 Early Bird 4
			Discussions: Happy	Discussions: Happy	Discussions: Alaska's	Discussions:
			New Years	Birthday Roger Miller	Anniversary	Chronicle Reading
TAPES	TRY		11:15 New Year	10:30 Light &	10:30 Light & Lively	10:30 Light & Lively
SENIOR LI	VING		Crafting Fun	Lively Exercise	Exercise Class	Exercise Class
Walder			10:30 Moving & Grooving	11:15 Name That Tune	11:15 Interesting Facts:	12:00 In House Soul
			2:00 New Year Social	2:00 Special Guest:	Alaska 1:30 Music & Relaxation	Food Luncheon
			3:00 Musical	Lessons you could learn	4:00 Expoza Travels:	1:30 Music & Relaxation
Memory Care	e J	anuary 2020	Balloon Bash	from the bible! 4:00 Puzzling w/ Friends	Touring Alaska	2:00 Tabletop Gaming
11:15 Early Bird 5	10:00 Early Bird 6	10:00 00 Early Bird 7	10:00 Early Bird g			10:00 Early Bird 11
Discussions: National	Discussions:	Discussions: Short Stories	10:00 Early Bird 8 Discussions: Happy	Discussions: National	10:00 Early Bird 10	10:00 Early Bird 11 Discussions:
Bird Day	Chronicle Reading	10:30 Light &	Birthday Elvis	Soup Day	Discussions: Short Stories	Chronicle Reading
11:00 Joel Olsten Daily	10:30 Light &	Lively Exercise	10:30 Light &	10:30 Light &	10:30 Light &	10:30 Light & Lively
Inspirations	Lively Exercise	11:15 Musical	Lively Exercise	Lively Exercise	Lively Exercise	Exercise Class
	11:15 Bible Study w/ Dan	Balloon Bash	1:30 Music & Relaxation	11:15 Soup on the Patio	11:15 Shake Loose	
1:30 Crafty Crafters:	1:30 Healing Hearts		2:00 Team Cuisine: The	2:00 Special Guest:	a Memory	11:15 Beef O' Brady's
Cardinal Bird Craft	Music Therapy	1:30 Music & Relaxation	Famous Elvis Presley	Lessons you could learn	1:30 Music & Relaxation	1:30 Music & Relaxation
4:00 Expoza Travels:	4:00 Bocce Ball	4:00 Circle of Friends:	Sandwich	from the bible!	2:00 Snacking w/ Friends	2:00 Tabletop Gaming
Touring Japan	Challenge	Poetry Reading	4:00 Tabletop Gaming	4:00 Who am I?	4:00 Corn Hole Challenge	4:00 Would You Rather
10:00 Early Bird 12	10:00 Early Bird 13	10:00 00 Early Bird 14	10:00 00 Early Bird 15	10:00 00 Early Bird 16	10:00 Early Bird 17	10:00 Early Bird 18
Discussions:	Discussions:	Discussions:	Discussions:	Discussions: Fig Newton	Discussions: Short Stories	Discussions:
Morning Devotional	Chronicle Reading	Herbs & Spices	Chronicle Reading	10:30 Light &	10:30 Light &	Chronicle Reading
11:00 Joel Olsten Daily	10:30 Light &	10:30 Light &	10:30 Light &	Lively Exercise	Lively Exercise	10:30 Light & Lively
Inspirations	Lively Exercise	Lively Exercise	Lively Exercise	11:15 Bingo Bash	11:15 Musical	Exercise Class
2:00 The Angel	11:15 Bible Study w/ Dan	11:15 Noodle Balloon Bash	11:15 Milk & Cookies	1:30 Music & Relaxation	Balloon Bash	11:15 The Art Box:
Band Visit	1:30 Healing Hearts	1:30 Music & Relaxation	Social	2:00 Special Guest: Lessons	1:30 Music & Relaxation	Adult Coloring
4:00 Expoza Travels:	Music Therapy	4:00 Circle of Friends:	2:00 January Monthly	you could learn	2:00 Snacking w/ Friends	2:00 Scenic Drive
Touring Russia	2:00 Snacking w/ Friends 4:00 Corn Hole Challenge	Poetry Reading	Birthday Party w/ DJ Dave! 4:00 The Matching Game	from the bible! 4:00 Bowling Fun	4:00 The Art Box:	around the Capital
					Watercolor Art	
10:00 Early Bird 19	10:00 Early Bird 20	10:00 Early Bird 21	10:00 Early Bird 22		10:00 Early Bird 24	10:00 Early Bird 25
Discussions:	Discussions: Letter from	Discussions:	Discussions: Short Stories	Lively Exercise	Discussions: First Boy	Discussions:
Morning Devotional 11:00 Joel Olsten Daily	Birmingham Jail Reading	Chronicle Reading	10:30 Light &	11:15 Milk & Cookies	Scout Day	Chronicle Reading
Inspirations	10:30 Light & Lively Exercise	10:30 Light & Lively Exercise	Lively Exercise 11:15 Shake Loose	Social	10:30 Light & Lively Exercise	10:30 Light & Lively
1:30 Snacking w/ Friends	11:15 Bible Study w/ Dan	11:15 Musical	a Memory	1:30 Music & Relaxation	11:15 Sing Along w/	Exercise Class
2:00 Sing Along w/	1:30 Healing Hearts	Balloon Bash	1:30 Music & Relaxation	2:00 Special Guest:	Susie Q	11:15 The Art Box:
Susie Q	Music Therapy	2:00 The Art Box:	2:00 Snacking w/ Friends	Lessons you could learn	2:00 Snacking w/ Friends	Adult Coloring
4:00 Expoza Travels:	4:00 Tabletop Connect	DIY Coffee Mugs	4:00 Circle of Friends:	from the bible!	4:00 Circle of Friends:	2:00 The Tasty Pastry
Touring New York City	Four Challenge	4:00 Penny Ante	Poetry Reading	4:00 Jenga Challenge	Poetry Reading	Bakery Outing
10:00 Early Bird 26	10:00 Early Bird 27	10:00 Early Bird 28	10:00 Early Bird 29	10:00 Early Bird 30	10:00 Early Bird 31	
Discussions:	Discussions: History of	Discussions: Chinese		Discussions: Short Stories	Discussions:	
Morning Devotional	Marshmallows	New Year	Discussions: Happy	10:30 Light &	10:30 Light &	
11:00 Joel Olsten Daily	10:30 Light &	10:30 Light &	Birthday Oprah	Lively Exercise	Lively Exercise	
Inspirations	Lively Exercise	Lively Exercise	10:30 Light &	11:15 Bingo Bash	11:15 Sing Along w/	
1:30 Afternoon	11:15 Bible Study w/ Dan	11:15 Crafting Fun	Lively Exercise	1:30 Music & Relaxation	Susie Q	
Courtyard Strolls	1:30 Healing Hearts	1:30 Music & Relaxation	11:15 Noodle Balloon Bash 1:30 Music & Relaxation	2.00 Opecial Odest. Lessons	1:30 Music & Relaxation	
4:00 Expoza Travels:	Music Therapy	4:00 Circle of Friends:		you could learn	2:00 Snacking w/ Friends	
Touring China	4:00 Hot Cocoa on	Poetry Reading	2:00 Snacking w/ Friends 4:00 Penny Ante	from the bible!	4:00 The Art Box:	
	the Patio	i coury reading	4.00 Ferriny Ante	4:00 The Matching Game	Adult Coloring	
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