



TapestrySenior.com/Walden

Tapestry Walden

Assisted Living and Memory Care Communities. Exceptional Care. Exceptional Living.

## Pission

- » We empower our associates to provide the best service through innovation and continuous improvement.
- » We leverage our associates' strengths and team up with others.
- » We create a communication framework where information is continually shared in a frank, clear, and nonthreatening manner, and where every voice matters.
- » We deliver Person-Centered Care.

### Vision

Our passion inspires us to weave our talents to create and serve communities where people flourish.

## Values

**INITIATIVE** We are self-starters. We readily act without being told.

**INTEGRITY AND ETHICS** We do the right thing, even when no one is watching.

#### ACCOUNTABILITY

We achieve results, deliver on promises, and meet or exceed expectations.

#### **COLLABORATION**

We work with others in a productive fashion, offer help or ask for help as needed, and are responsive.

#### STEWARDSHIP

Our actions improve the experience of our residents, associates, investors, and the community.



About Walden

We are delighted that you are interested in Tapestry Senior Living Walden. One of the area's newest assisted living and memory care community.

At Tapestry Senior Living, our affordable and stylish studios and apartments offer the privacy and comfort that you desire. At Tapestry Senior Living, we believe in Person-Centered Care. We respect that each resident is an individual with a rich life and a distinct personality. We don't fit residents into our program, we tailor programs to fit each resident. Together, with the resident, family, physician and staff, we will work to create an environment that meets your needs.

We hope to visit with you soon to get to know you and discuss Tapestry Senior Living Walden. We are here to help you in any way as you navigate through the process of choosing your new home.

Call to schedule a tour (850) 688-1234



# COMFORT & ELEGANCE Living Your Best Life

hoices abound at Tapestry Walden. Enjoy a fresh chef-prepared meal in our dining room. Visit with friends over coffee on the veranda. Enjoy a glass of wine and a cheese plate in our lounge. Snuggle up with a book from the library, get a freshbaked cookie, or pamper yourself... manicures, pedicures and cuts are just down the hallway in our salon. Visit the chapel for devotion, or take in a movie in the theatre.

Tapestry Walden is a full-service Assisted Living and Memory Care Community, offering exceptional amenities and 24-hour personal care tailored to your needs. Choose from spacious studio and one-bedroom apartment homes that include kitchenettes and private bathrooms.



Exceptional amenities and 24-hour personal care tailored to your needs.







Choices Abound at Tapestry Walden.



### » Community Amenities

- Spacious private studio and 1-BR suites
- Housekeeping, laundry and linen service
- Life Enrichment Coordinator
- Spa with jetted whirlpool tub
- Safety and security technology
- Anytime Dining
- Wireless Internet in each residence
- Private dining area for special occasions
- Gated courtyard
- On-site chapel
- Full-service salon and barbershop
- Health and wellness activity room
- Pets welcomed
- Movie theater
- Town Hall and Bar for snacks, coffee, and happy hour

## **ENHANCED** LIVING

Independence and Self-Determination

apestry Walden believes everyone should have the opportunity to remain independent and in charge of their daily lives. To help fulfill this belief Tapestry offers its special brand of Enhanced Living opportunities to encourage and assist a person to develop and maintain maximum independence and self-determination while living in a safe, active, and caring environment.

For a fixed monthly fee, Tapestry Senior Living provides an independent home for each resident with access to community services and amenities and, when needed, assistance with activities of daily living. And of course your beloved companion is welcome to come along on this new adventure – we're pet friendly!



Encouraging a Person to Maintain Maximum Independence

#### ed Living Services En

- W dy housekeeping services.
- meety, gas, water, sewer, trash, and cable TV. • Ele
- Wi-Fi access to high-speed Internet.
- Local and domestic long-distance services.
- Breakfast, lunch, and dinner are served in one of our dining rooms. Snacks and beverages are available in multiple locations throughout the community.
- Emergency Services 24/7/365
- Personal clothing, flat linens, and tow bi-weekly. A free laundry is also availab e for self-serv
- Maintenance of your apartment, the l uilding, and surrou
- Lif
- Sc assist residents to atter nmunity.
- nating healthcare appointme
- Daily "I'm OK" checks to make sure all is well.



apestry Walden takes a person-centered approach to assisted living, enhancing the lives of individuals in a personalized and meaningful way.

Special technology will give you and your loved one's greater peace of mind. By simply pushing a button, any time day or night, our staff will be there for you. Enjoy all the support, activity and care you need to continue to be independent in your own home at Tapestry of Walden.



## Assisted Living Personal Care Tailored to Your Needs



Assisted Living is about empowering you to live life to its fullest

Memory Care Specialized Pemory Care Apartments

t is important that our Tapestry trained caregivers get to know each resident; their habits, their likes and dislikes... the things that make them a unique person. This ongoing process is critical to being effective partners and guides along each resident's path. We are here to learn and listen.

Together with the resident, family, physician, and staff; we will work with you to customize a personalized care plan.



### **Private Studios**

Each of the three floors of our memory care includes 15 private suites, a family room area to relax and play a game or two, and a dining room/kitchen where residents can enjoy conversation around the dinner table. We provide residents with comfort, tranquility and sense of familiarity they need to support their journey. Our private Memory Care Studios are specially designed for those living with Alzheimer's disease, dementia, and other forms of memory loss. Personal care, nursing, meals and life enrichment are all tailored to fit each resident's unique wants and needs. It's all about respect for the individual. That's what makes Tapestry approach a success.

### **Optional Services**

• Licensed nursing services

- Specialized diets/individualized nutrition supervision
- Private duty health aid
- Fall management
- Depression management
- Therapeutic 1:1 recreation
- Specialized/individualized behavioral interventions
- Chauffeured rides (escorted)
- Injectable medication administration
- Spa massage
- Telehealth

*Nowhere is Tapestry's Person-Centered Care philosophy more evident than in our memory care program.* 







Beverly in art class with her daughter, Laurie Danello Roberts.

- Larry Danello, Beverly's Husband

Tapestry Walden's memory care utilizes art therapy. The sessions encourage socialization and creativity - dimensions of wellness important to every age!

# DINING ON YOUR SCHEDULE Unique Tastes por Éveryone

#### **DINING ON YOUR SCHEDULE**

Whether you're up with the robins or you like to sleep in, we work with your schedule. Choose from a variety of restaurants that cater a wide range of options. You decide when and where you want to eat! You can even host your family for Sunday Brunch. Whether you want a savor chicken marsala at 5 pm or blueberry pancakes at 7 pm, Tapestry Senior Living Walden has your unique tastes covered.









## Sunday Brunch With the Family

Gather with family at Tapestry for our traditional Sunday Brunch. Enjoy delightful fare like our fresh baked pastries; country ham carved to order; house-made biscuits; and more!

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There is truly something for all tastes.

Our Staff People Who Care

#### TAPESTRY CAREGIVERS SUPPORT YOUR JOURNEY

♦ apestry is a special place because Tapestry caregivers are special people. We work hard to identify and recruit the very best caregivers; not just people who are skilled and knowledgeable, but also who understand that helping seniors with their journey is one of the most important and meaningful things a person can do.

Caregiving is tough work. The job can be physically and emotionally demanding. Our caregivers work as a tightknit team, supporting and encouraging each other. Like any tapestry, our strength comes from individual threads brought together with a common purpose. Together we can accomplish truly special things.

Tapestry believes in the importance of personal and professional growth. That's why our caregivers are always learning and growing. Our goal, as leaders in this industry, is to help create the leaders of tomorrow.



We work hard to identify and recruit the very best caregivers.





## Friendly Living

Family & Friends

ere at Tapestry Walden, our schedule revolves around your schedule. Our services are matched to meet all of your unique needs. You chart the course and we help you along the journey. We show this commitment in things like our signature All Day Dining, which offers your choice of restaurants at your convenience. We show it in how our nurses deliver customized, person-centered care for those who live in our spacious, assisted living apartments. We show it in how our memory care team helps residents and families thrive through a variety of services catered to fit you. "When I walk into Tapestry Walden, I just feel like I'm home." We hear this sentiment a lot because people care and take pride in this community. It shows in how we hosted Assisted Living and Memory Care residents displaced by hurricane. It shows in our commitment to understanding your unique needs via our Person-Centered Care. It shows in how Assisted Living and Memory Care neighbors stay active; fishing, touring brewpubs and worshipping together. But perhaps most of all, it shows in the smiles and hugs from our Tapestry Walden team members.



## Family & Friends are Always Welcome Here at Tapestry!







# ACTIVE LIFESTYLE Mind, Body, & Soul

Whether it is growing your own herbs in our gardens, taking salsa dancing lessons, participating in our talent show, watching college football, relaxing during a tea party, singing in our choir, creating a tasteful sensation at a baking class, or celebrating every holiday to its fullest; there is never a dull moment at Tapestry. We know your needs and desires are unique. That's why at Tapestry, we work with you and your physician to design a personalized care plan to meet your needs. The goal of our dedicated nurses, therapists, and aides is to establish a strong relationship allowing us to learn from you and work to meet your needs consistently. It's the Tapestry difference!



*Living well goes beyond just your physical health it includes your mind and spirit.* 



### PHYSICAL

Our Health and Wellness programs are a great way to exercise and meet new friends. Finished with your workout? Give your muscles some well-earned relaxation in our spa, equipped with a specially designed therapeutic step-in jetted whirlpool tub.

#### **SPIRITUAL**

Find a quiet place and enjoy some peaceful time to renew and reflect. Visit our on-site chapel or curl up with a good book in one of our cozy, quiet reading areas.

#### EMOTIONAL

Maintaining a positive outlook and feeling good about yourself and others are important to everyone's health. At Tapestry, we'll help you stay challenged, enjoy new activities and explore your creative side through music and art programs, guest speakers and a variety of social gatherings. There's even a theatre room where you can enjoy your favorite movies. Unique to Tapestry, we have a specialized Music and Memory facility, helping our residents use music as a valuable healing tool.





# OUTINGS Life Outside of Tapestry



Whether it be a fishing excursion or a trip to the bowling lanes, we keep our residents stimulated with a variety of outdoor and indoor activities beyond the walls of our facility. It is our goal to create fun, life-enhancing activities in the outside world!

Coffee shops are an experience for the senses: the smell of roasted coffee and sweets, the taste of treats, and the sight and sound of baristas hard at work.

Picnicking in the park, exploring our beautiful city, sightseeing at our great museums, bowling at the ally, fishing at the beach or dining at a fun restaurant.











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## Special Events 50s Prom, Halloween, Casino Night!





t Tapestry, we're always having a good time! Whatever the season, we have a special event planned for it as well as a number of other special events, such as our "carnival", to keep the social calendar hopping.

Tapestry's big events, like this carnival, are what make us feel truly alive, engaged, and connected. The world becomes more vibrant and inviting when we give ourselves permission to play.

Enjoying ukulele players at our luau, dancing at our 1950's prom, enjoying our white winter wonderland, celebrating our Veterans, and sharing a feast for the holidays.







The world becomes more vibrant and inviting when we give ourselves permission to play.



Shared Studio







Deluxe Studio • 340 s.f.









## Assisted Living & Memory Care Floor Levels

## MEMORY CARE

Studio

Shared Studio

### ASSISTED LIVING

Studio

- Deluxe Studio
- 1 Bedroom ??? S.F.
- 1 Bedroom 441 S.F.
- **1** Bedroom 452 S.F.

Common AreasAdministrative/Staff













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